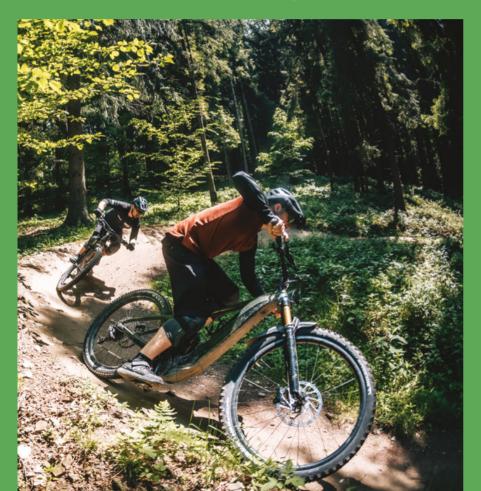


Enduro in Beskidy



Green Trails

prepared for

average gradient

surface even, hardened

difficulties

tight bends with and without berms, rare small natural obstacles (stones, roots), slippery or loose ground (small stones), small puddles, wooden

required skills effective turning and braking

Red Trails

prepared for advanced riders

average gradient

surface natural and mixed

difficulties

tight bends and bumps, high speeds, bigger natural obstacles (e.g. root, stone sections), small artificial obstacles (e.g. jumps without holes or with a by-pass), slippery surface

required skills

fast braking, turning, overcoming larger obstacles (roots, drop-offs, small jumps)

> directly from the cable car station

Blue Trails

prepared for intermediate riders

average gradient 6-9%

surface even and hardened or mixed

difficulties

tight bends, larger moguls and berms, small natural obstacles (roots. stones)

reauired skills

confident braking, turning, overcoming moguls and bends with berms and other small

Black Trails prepared for

average gradient 13-18%

surface

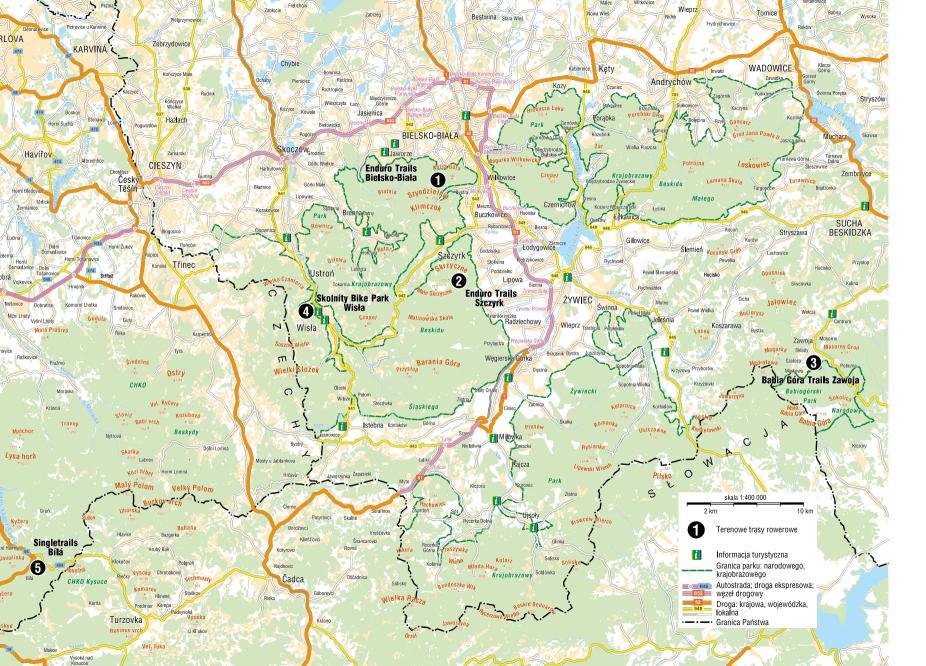
difficulties

tight bends and berms, bigger natural obstacles (e.g. root sections, boulder sections, steep slopes, drop-offs), larger artificial obstacles (e.g. jumps with holes with or without a bypass), slippery surface

required skills

perfect braking, turning, ability to jump and overcome difficult walls, drops and jumps)





Enduro in Beskidy

Text author: Jakub Jonkisz

Photos on covers: Piotr Staroń

Photos: Przemysław Kita, Piotr Staroń

Maps: Dariusz Faustmann

Graphic and layout design: Paulina Kosma-Beta

Printed by:

Drukarnia Augustana plac Marcina Lutra 43-300 Bielsko-Biała

Publisher:



Stowarzyszenie "Region Beskidy" ul. Widok 18/1-3 43-300 Bielsko-Biała FB: @MarkaBeskidy Instagram: beskidytravel

Editorial prearation:

Medio-Press Adam Kliś ul. Bystrzańska 29, 43-309 Bielsko-Biała www.mediopress.pl

> SZCZYRI ENDURO TRAI

Essential consultation:



BESKIDY







Introduction

The Beskidy are mountains that are ideal for mountain biking; winters are short here and the terrain is ideal. Babia Góra or Pilsko are the only areas where snow cover lasts longer; it disappears quickly in the lower mountain ranges and sometimes it does not appear at all for a longer period of time (this is the case, for example, near Bielsko-Biała). The Beskidy can be explored by mountain bikers practically all year round and there are really a lot of people in the area; there are a couple of million in the Silesian agglomeration alone!

Despite the obvious advantages favouring the development of mountain biking in the Beskidy, the infrastructure for this sport has only been developed recently. The first network of modern singletrack type bicycle trails was developed in 2015 in Bielsko-Biała. The Enduro Trails in Bielsko-Biała, which are narrow winding and wavy routes with varying degrees of difficulty, have immediately become a tourist hit. The resort quickly expanded over the next few years and the enduro biking fashion spread all over the Beskidy – thanks to this, other resorts with a network of such trails were established in a short time, including: Babia Góra Trails, Szczyrk Enduro Trails, Skolnity and Bila Singletrails. Each of these is described in greater detail in this guide.



Contents

| Enduro Trails Bielsko-Biała | 6 |
|---------------------------------------|----|
| Stefanka | |
| Twister | 9 |
| Stary Zielony | 10 |
| DH+ | |
| Cyganka | |
| Cygan | |
| Daglezjowy | |
| Kamieniołom | |
| Gondola | |
| Dębowiec | |
| Dziabar | |
| Rock'n'rolla | |
| SahAira | |
| Bystry | |
| Gaciok | |
| Enduro Trails Szczyrk | |
| Hiphopa Air | |
| Hiphopa Flow | |
| · · · · · · · · · · · · · · · · · · · | |

| Otik | 27 |
|--------------------------|----|
| Zbój | 28 |
| Otesanek | |
| Loop 1 | 30 |
| Skolnity Bike Park Wisła | 32 |
| Zielony Zygzak | |
| Niebieska Fala | |
| Czerwona Strzała | |
| Babia Góra Trails Zawoja | |
| Rydzowy | |
| Sokolica | |
| | |
| Wilcza Łapa | |
| Diablak | |
| Tabakowy | |
| Podjazd Zawoja | |
| Singletrails Bila | 44 |
| Refresh Trail | 46 |
| Medved Trail | |
| | |



Enduro Trails Bielsko-Biała

Enduro Trails in Bielsko-Biała is the first and largest enduro cycling resort in Poland. This trail park currently has over 40 kilometres of marked and continuously maintained singletracks of various difficulty: from green trails for beginners to black trails for experts. The network of trails in the Enduro Trails resort stretches between Szyndzielnia and Kozia Góra. You can go to Szyndzielnia by a gondola lift and from there you can go down to Kozia Góra and further down to the trail resort on the Bielskie Błonia park. The downhill route along the blue flow type trails from Szyndzielnia to Błonia is over 11 kilometres long and it is one of the longest in Europe! There is a bike rental service in the trail resort and there are numerous refreshment points, a pumptrack, free car parks and other facilities such as children's playgrounds and walking paths located nearby.

www.endurotrails.pl

ul. Modra (na Błoniach) 43-300 Bielsko-Biała





trail for beginners

length 860 m average gradient 4.9% descent 42 m

1 Stefanka

A gently descending winding and wavy path. It starts above the old amphitheatre and ends in ul. Modra; it takes about 5-7 minutes to get to the start from the trail resort. Any mountain biker do well on it but one must beware of tight bends and narrow width of the trail.

2 Twister

Not a very steep but very twisty trail. Starts on the eastern slope not far from the top of Kozia Góra. It takes about 45 minutes to get to the start from Błonia. Almost every mountain biker will do well there but one must beware of large berms and moguls. One should also be aware of its length! trail for intermediate riders

length 4400 m average gradient 6.2%

270 m



trail for advanced riders

2450 m average gradient 11%

269 m

Stary Zielony

The trail has quite a few natural and artificial features, such as the famous section of roots, moguls, berms and small jumps. It starts near the chalet, at the old toboggan run, and ends at the trail resort. This trail is very fast (!) and requires a wide range of skills and high bike control.

In the upper part, the path used to be a green hiking trail (hence the name) highly valued by the Bielsko-Biała's MTB community. Currently, the hiking trail has been moved a few metres lower to the historic toboggan run.

4 DH+

Steep, rocky and very fast trail with lots of bumps and artificial elements (e.g. jumps). Starts on the eastern slope not far from the top of Kozia Góra. It takes about 45 minutes to get to the start from the trail resort. The trail ends near the pond at ul. Modra. The trail requires excellent bike control at high speeds and a lot of downhill skills at the top level. The middle part of the trail is one of the first "almost-legal" downhill trails on Kozia Góra, created and improved by several generations of Bielsko-Biała's downhillers.

trail for experts

^{length} 2000 m

average gradient **13.5%**

^{descent}



trail for beginners

length **1650 m** average gradient

4%

descent 66 m

5 Cyganka

A gently descending, smooth and flowing trail running along a picturesque stream. It starts at the beginning of the road to the chalet and ends near the tennis courts in Las Cygański. Any mountain biker will do well there but one must beware of moguls and crossings with footpaths.



A natural winding trail with lots of slippery roots and other natural obstacles, yet very smooth one. The lower part has a lot of moguls, which form a natural pumptrack. It starts at the top of Kozia Góra and ends in Cygański Las, near the school at ul. Pocztowa. The trail requires a lot of experience in riding on mountains in a natural terrain. Before reaching the start of the trail, you pass the remains of the Steffansruhe summerhouse (some people still use the name Stefanka instead of Kozia Góra). trail for advanced riders

length 2600 m average gradient 11.8%

303 m

12 ENDURO IN BESKIDY



trail uphill

4600 m average gradient 6.5% descent 271 m

Daglezjowy

A gently winding uphill trail which is a much more pleasant and attractive route if you want to climb to the peak of Kozia Góra than the steep gravel road. In the lower part, there are a few technical shortcuts made of stones for the ambitious. At the very end, you go down a short gravel road with a beautiful view of the Magura and Skrzyczne massif. The climb starts at the trail resort (along the Błonia fence) and ends near the chalet on Kozia Góra. The trail meanders in its lower part among huge douglas firs (they are one of the tallest trees in the world!).

8 Kamieniołom

A natural and technically difficult trail with many boulders, roots and drop-offs. There is also a very steep wall to overcome (no diversion!). It starts together with the red route (Cygan), then it turns left away from it and ends in Olszówka. It takes about 20 minutes to get back to Błonia. This trail requires a lot of experience in riding on mountains in a difficult, natural and steep terrain.

In its middle part, the trail takes you through a rare rock formation which resembles an abandoned quarry. trail for experts

^{length}

average gradient **13.5%**

^{descent} 246 m





274 m

Gondola 9

A fast and smooth trail in the upper part (beware of the crossing of trails at the beginning!) with interesting stream crossings in the lower part (you can get splashed). It starts at the Dylów pass (about an hour's drive from Błonia) and ends at the lower station of the Gondola lift. The trail requires a large portfolio of skills and a strong bike control (e.g. the ability to quickly downshift before a short climb or to quickly brake before a tight bend).

Dębowiec 10

A smooth, sometimes fast trail, with lots of small jumps and berms (in guite a steep terrain in the end part). It starts at the very top of Cyberniok and ends at the bottom station of the chairlift (about 30 minutes from the trail resort and a few minutes from the bottom station of Gondola). This trail requires a fair amount of skill, such as ability to overcome berms in a steep terrain, small jumps and open bends.



2200 m average gradient 12.5% 275 m





1300 m average gradient 16.1% descent 210 m

Dziabar

Steep and meandering trail in the upper part, with a very steep rocky wall in the middle part (no diversion!) and a very fast section at the end. It starts in a clearing at the upper Gondola station (a beautiful view!!) and ends at the Dylówki pass. It requires a full set of skills, especially bike control in a steep terrain.

The clearing where the trail starts is the beginning of a ski run, the so-called Sahara, which no longer exists and which used to be considered one of the most difficult in the country.

🔱 Rock'n'Rolla

The longest and most varied trail in the complex. It starts at the upper gondola lift station on Szyndzielnia and descends to Przełęcz Sipa (Kozia) and then leads with a short uphill ride to a chatelet on Kozia Góra (from here, you can choose one of the five other trails and descend as far as to Błonia or to Cygański Las). This trail has large and sometimes quite steep berms in the upper part, and in the middle and lower part there are many places where you can "fly" (all of them can also be ridden without leaving the ground). There are also three viewpoints along the trail, the first one lets you see the Kotlina Żywiecka valley, the second one - Bielsko-Biała, and from the third one you can see the slopes of Magurka, and sometimes the Tatras on the horizon.



6200 m

average gradient 7.1%/4.7%

descent/elevation **342/70 m**





1740 m average gradient 11.2% descent 195 m

📵 SahAira

This trail is a combination of a natural forest path (the middle section) with a wider "shaped" A type line (the beginning section and the end section). It contains quite a few obstacles (tables, jumps, rollers etc.) but you can by-pass or override all of them safely at a lower speed while fast riding will allow you to fly a lot. It starts as a branch in the upper part of the Rock'n'Rolla trail and ends by connecting the Gondola trail (also in its initial part). The upper "jumping" part leads through the old ski slope (called Sahara) which offers a beautiful panorama of Bielsko-Biała.

19 Bystry

It is a machine-formed flow type track with an even hardened surface. It has a lot of demanding elements for jumping but you can ride over all of them at a lower speed without keeping to the ground. The trail begins at the pass under Kozia Góra opposite the end of the Rock'N'Rolla trail. The trail descends to the village of Bystra, from the end of which you can easily get back to Kozia Góra thanks to a gentle ascent.



trail for intermediate riders

> ^{length} 960 m

average gradient **7.4%**

^{descent}

trail for advanced riders

length 2000 m average gradient 7% / 11% descent 195 m

⑮ Gaciok

A trail that allows you to descend from Klimczok area (start on the plateau below the summit) to the Dziabar trail or to the upper gondola station (right branch in the lower part). Natural but not very difficult although it has a few more difficult options (e.g. 3 jumps with a hole). There is also one flat section and a short climb near the chalet.

The trail name is derived from the old name of Szyndzielnia where highlanders from Brenna used to make beech wood shingles, and since they were wore traditional woolen pants (original Polish word "gacie"), the clearing and the whole hill was called Gaciok or Szendzielnia.



Enduro Trails Szczyrk

Szczyrk Enduro Trails is a cycling resort located by the ski tracks of the Szczyrk Mountain Resort. All cycling routes end right at the lower ski lift stations – cyclists can use a fast and modern gondola lift and chairlift to get to the peak of Zbojnicka Kopa (between Duże and Małe Skrzyczne). At the lower station of the gondola lift, there are large free car parks, a bicycle shop and a rental service while at the intermediate station, on Hala Skrzyczeńska, there is Kuflonka, a spacious restaurant with beautiful views of the Żylica valley in Szczyrk, the Klimczok massif and Brama Wilkowicka. The nature of the trails resembles the Bielsko-Biała trails: they offer both juicy natural enduro singles and long flow lines (with a considerable number of jumps). A downhill trail will also be built in the near future. On Hala Skrzyczeńska, there is also a training zone, the so-called Skill Zone, next to interesting tables and drops for jumping, and a green uphill-downhill loop where you can choose more ambitious variants of the ride (balancing beams, rockgardens).

💮 www.szczyrkowski.pl

ul. Salmopolska 53B 43-370 Szczyrk



🚺 Hiphopa Air

The slightly more demanding blue trail has been planned as a combination of the flow line with the so-called Air-line trail, i.e. a trail designed for jumping. It has big tables (the biggest ones offer up to 10m of flight) and all elements can be ridden safely without jumping but you need very good skills to pass all the flights. The trail starts at the highest point of the resort, the so-called Zbójnicka Kopa, and ends on Hala Skrzyczeńska, in the Hiphopy Flow start area.



average gradient 8.4% descent 193 m





5600 m average gradient 7.5% descent 420 m

2 Hiphopa Flow

The most popular trail in the resort. It is a very long but easy and nice flow line which allows even less experienced riders to experience jumping. It starts on Hala Skrzyczeńska and ends at the car park near Gondola. 🗿 Otik

A smooth and natural Enduro line, with lots of jumps and bends. The trail allows for quite a fast ride and sometimes quite a lot of flying; in the lower part in a beautiful beech forest there are also a few tight returns and picturesque walls. The trail begins in the upper part of Hala Skrzyczeńska and ends in the area of Solisko from where you need to go down the asphalt road to the lift station (about 5 minutes). trail for advanced riders

length 2850 m average gradient 12.6% descent 360 m





1512 m average gradient 12.6% descent 190 m

🕘 Zbój

A natural Enduro line starting at the very top of Małe Skrzyczne and ending in the upper part of Hala Skrzyczeńska, at the start of the Otik trail. Its upper part has beautifully exposed, steeper sections (those with a fear of heights must be careful) and is a bit more difficult while the remaining part of the trail is highly technical, with lots of slippery roots and tight bends.

5 Otesanek

Most difficult natural enduro trail. It has very steep walls full of boulders and drop-offs plus difficult elements for jumping (with so-called "gaps", i.e. holes to jump over). It starts as a branch of the Otik trail in the area of Polana Suche and ends in the area of Solisko from where you need to go down the asphalt road to the lift (approx. 5 min.).





length 650 m average gradient 6% descent/elevation 30 m

6 Loop 1

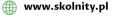
Uphill-downhill loop On the uphill there are interesting obstacles which enable you to shorten the route (balances and boulder sections), and on the downhill there are quite many cool berms, you can also go for a section with a difficult RocGarden (big boulders) and drops (3 drop-offs 50150cm). There is also a training area, called Skill Zone, at the bottom part of the loop.





Skolnity Bike Park Wisła

Skolnity is a typical lift resort for both beginners (the Green Zigzag trail is a gently descending singletrack) and advanced riders who like to jump (both the Blue Wave and Red Arrow trails have a lot of cool elements for flying). At the lower chairlift station, there are free car parks and a shop with a rental service, and at the top there is also a spacious restaurant, a playground and a farm with alpacas.



○ ul. Kolejowa 43-460 Wisła



Zielony Zygzak

This trail is a typical singletrack for beginner mountain bikers. The most difficult thing about it is its great length as there are no difficult obstacles to cross. You will only encounter small moguls, small stones and wooden bridges on the trail.







length 2600 m average gradient 7.3%

190 m

\rm 🛛 Niebieska Fala

A typical flow-trail, i.e. a slightly wider singletrack with profiled bends and an even and hardened surface. The trail has a slight slope gradient and a lot of artificial obstacles such as double rollers, tables and step-down type obstacles. Some of the obstacles require a lot of jumping and high speed but all of them can be ridden slowly while staying on the ground at all times.

Ozerwona Strzała

This trail combines the very nature of enduro, that is, a narrow and technically difficult singletrack having a natural surface with elements of a bike-park route (larger artificial obstacles for jumping, some with gaps). All jumps have by-passes.



1600 m average gradient 11.8% descent 190 m

34 ENDURO IN BESKIDY



Babia Góra Trails Zawoja

Babia Góra Trails is an enduro cycling resort located in the Mosorny Groń range with a beautiful view of Babia Góra. The trail resort is located at the so-called Korona Ziemi (the Crown of the Earth), where there are large free car parks, a small restaurant, a sanitary building with toilets and showers, a pumptrack and a rope park. A few kilometres upstream the river there is the PKL chairlift to Mosorny Groń which also allows you to get to the start of the longest blue flow type trail and – from there – to the other trails of the resort. There are also more bike-park and downhill type trails around the lift. In addition to the trail-park with an uphill route and a typical lift bike-park, the cyclists can also use a two-way touring trail which starts at Hala Barankowa and leads through the Jałowieckie range to Mędralowa – this path allows you to admire the entire massif of Babia Góra.

🌐 www.babiagoratrails.com

Zawoja 3000 43-222 Zawoja



Rydzowy

A typical singletrack for beginner mountain bikers, which can, however, also be fun for advanced riders. The trail features a slight slope but its smooth course allows for quite a fast ride, which, combined with the narrow width of the trail, will certainly increase the adrenaline of the more advanced riders. The trail starts in the Błędna clearing and ends in the area of car parks near the rope park and Korona Ziemi (the so-called Crown of the Earth). trail for beginners

length 1020 m average gradient 5.8%

> descent 60 m



trail for intermediate riders

4750 m average gradient 7.2% descent 340 m

2 Sokolica

The longest and most popular route in the resort. It is a typical flow-line allowing both beginners and advanced mountain bikers to ride safely and enjoyably. The upper section (from the start to the intersection with the climb) is a bit more difficult, with tighter bends and more elements for jumping, while the lower section is smoother and milder, although you can reach really high speeds at the very end of the trail (after crossing the last gravel road). The trail starts under the Mosorny Groń peak and ends in the Błędna clearing, in the area where the Rydzowy trail starts.

🗿 Wilcza Łapa

The trail is partly machine-built and partly hand-built. It has a considerable number of bends with small berms. It starts in the middle of the ski slope on Mosorny Groń and allows you to go downhill to the chairlift station. trail for advanced riders length 900 m average gradient 9.4% descent 85 m



trail for experts

length 1700 m average gradient 15%

^{descent}

4 Diablak

A typical natural enduro line taking advantage of the beautiful terrain conditions offered by the old fir forest on the slopes of Mosorny Groń. Although it is a black trail, it allows for a smooth and fast ride – apart from a few technically difficult elements (especially the so-called Luis' Drop – a large rock drop). It starts as a branch at the beginning of the second section of Sokolica, and ends in the Mosorczyk brook from where you can return to Szutr in the Błędna clearing area or take the asphalt road to the lift station or to the car parks at Korona Ziemi (the Crown of the Earth).

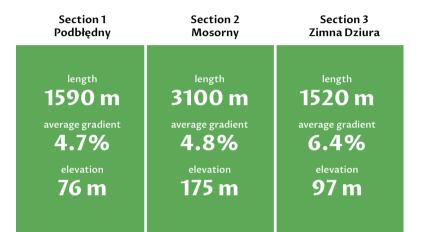
5 Tabakowy

The only two-directional trail in the resort. The trail is intended for an "excursion" style of riding over the ridge and it offers a beautiful view of Babia Góra. The trail starts in the area of Hala Barnkowa and ends at the Slovakian border near the peak of Mędralowa. trail for beginners

^{length} 5200 m

average gradient **5.3%**

descent / wznos 80 / 360 m



Ophill Trail

A very pleasant and gently ascending uphill singletrack which is divided into three sections – their names suggest the destination place: Section 1 Podbłędny – you reach the area of the Błędna clearing, Section 2 Mosorny – it leads up to the ski slope on Mosorny Groń, and Section 3 Zimna Dziura – it diverts you to the left from section 2 and takes you to the area of the Zimna Dziura clearing.





Singletrails Bila

Singletrails Bila is a small but charming cycling resort which combines its bikepark nature with singletracks. There are only two trails (the blue Refresh Trail and the red Medved Trail) but they are quite long and accessible directly from the chairlift. At the lower station of the chairlift, there is a large free car park, a restaurant, and there are playgrounds and interesting walking paths nearby along the river.

www.skibila.cz/leto/bikepark

Bíla 173 739 15 Staré Hamry







3000 m average gradient 8.2%

246 m

Refresh Trail

This trail combines narrow singletracks and their natural surface with flow-line type routes. It has a number of profiled bends with berms and quite a lot of rollers but also narrow sections with a certain number of natural terrain obstacles (small roots, stones). In its upper part it has a characteristic long and winding wooden bridge (the so-called northshore; caution: you can fall off it!).

2 Medved Trail (Rock'n'Roll)

The trail has mostly a natural surface. In the upper flatter part, many bends have berms, the lower part has a steeper slope and it is a bit more difficult and varied (lots of roots, more than one riding line, a few jumps to choose from or to bypass).



2000 m average gradient 11.8% descent 238 m



SAFETY RULES

Wearing a helmet is mandatory

Remember to use extra protection



Check the availability of the cycling trails and the weather



Enduro in Beskidy

The guide describes five Beskidy locations which offer infrastructure specifically prepared for the enduro cycling. These include the following resorts: Enduro Trails in Bielsko-Biała and Szczyrk, Babia Góra Trails in Zawoja, Skolnity in Wisła and Singletrails in Bila in Czechia. Each of the described resorts is a good tourist destination for enduro enthusiasts. The Bielsko-Biała and Szczyrk region is also suitable for longer holiday stays due to the number and length of trails. The descriptions of individual resorts include maps and descriptions of the trails with their technical parameters and difficulty levels – addresses and contact details are also provided.





EVROPSKÁ UNIE / UNIA EUROPEJSKA EVROPSKÝ FOND PRO REGIONÁLNÍ ROZVOJ EUROPEJSKI FUNDUSZ ROZWOJU REGIONALNEGO



The guide has been developed as part of a micro-project entitled "Trans-border tourist brand Beskidy" cofinanced by the European Union from the European Regional Development Fund under the INTERREG V-A Czech Republic-Poland 2014-2020 Programme and from the state budget of the Republic of Poland.